



Bentwinds

LUNCH MENU



Starters

Coconut Shrimp

Tender Jumbo Shrimp, Coated with Coconut Bread Crumbs, Fried Golden Brown and Served with Horseradish Marmalade
\$8.50

Chicken Tenders

4 Hot and Crispy Tenders Served with Your Choice of Dipping Sauce and French Fries
 Can be Tossed in Your Favorite Flavor!!
\$8.50

Chicken Wings

10 House Fried Jumbo Wings Served with Your Choice of Bleu Cheese or Ranch Dressing, Celery Sticks and Tossed in Your Favorite Sauce
\$10.50

Bleu Cheese Chips

Crispy Seasoned Chips Topped with Creamy Alfredo Sauce, Bleu Cheese and Baked to Perfection.
 Finished with Fresh Scallions
\$6.00

Build Your Own Crispy Flatbread

Choice of White or Red Sauce.
 Two Meats: Pepperoni, Sausage, Bacon, Ham
 Four Veggies: Onion, Olive, Spinach, Peppercini, Mushrooms, or Tomato.
 Mozzarella, Parmesan, or Cheddar
\$8.00

Chicken Quesadilla

Grilled Chicken, Peppers, Onion and Blended Jack Cheese Packed into Flour Tortilla and Served with Salsa, Sour Cream and Guacamole
\$8.50

Soups & Salads

Cup of Soup...\$3.00 Bowl of Soup...\$5.00

Friday Clam Chowder

Cup...\$4.00 Bowl...\$6.00

Chef Salad

Mixed Greens, Honey Ham, Roast Turkey, Cheddar Cheese, Cucumbers, Avocado Tomatoes, Onion, Boiled Egg, and Croutons
\$8.50

Bentwinds Club Salad

Chopped Iceberg, Apple wood Bacon, Boiled Egg, Cheddar, Tomatoes, Cucumbers, Onion, and Croutons
\$6.00

Caesar Salad

Crisp Romaine Lettuce, Shaved Parmesan Cheese, Grape Tomatoes, Croutons tossed in Creamy Caesar Dressing
\$6.50

Greek Salad

Romaine Lettuce with Kalamata Olives, Cucumber, Grape Tomatoes, Onion, Feta Cheese, and Peppercini
\$6.50

The Golfers' Plate

Chicken or Tuna Salad served on top a bed of Mixed Greens, a Boiled Egg, Tomatoes, Cucumbers and Pita Points
\$8.00

Add Chicken Breast, Salmon, Shrimp or Sliced Chicken Tenders to any salad
\$4.00





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LUNCH MENU



Sandwiches *served with a Dill Pickle Spear and House Ranch Chips*

Other sides include French Fries, Sweet Potato Fries, Slaw, House salad, Soup Cup, Onion Rings, Tater Tots or Fruit

Bentwinds Burger

Made with Sirloin, Brisket and Short Rib.
Served with Lettuce, Tomato and Onion, on a
Brioche Roll

8 oz.... \$9.75 5 oz....\$6.75

***Classic Club**

Honey Ham, Roast Turkey, Applewood Bacon,
Cheddar, and Swiss, with Lettuce, Tomato, and
Mayo, Choice of Bread

\$8.50

***Reuben**

Corned Beef with Sauerkraut, Swiss, and
1000 Island Dressing on Marble Rye

\$9.50

***Classic B.L.T.**

Applewood Bacon, Iceberg Lettuce,
Tomato, and Mayo on White Toast

\$7.00

Bogey Sandwich

Grilled Chicken, Pimento Cheese, Applewood
Bacon, Lettuce, Tomato and Onion, served on a
Brioche Roll

\$9.50

Triple Grilled Cheese

Grilled White Bread with Swiss, Provolone,
Cheddar Cheese with Dijionaise and Bacon

\$7.00

Fried Chicken Club

Honey Ham, Fried Chicken Breast, Applewood
Bacon, Cheddar, and Swiss, with Lettuce,
Tomato, and Mayo on Wheat

\$9.50

***Turkey Reuben**

Roast Turkey with House Cole Slaw, Swiss, and
1000 Island Dressing on Marble Rye

\$9.50

Salmon B.L.T.

Grilled Salmon, Applewood Bacon, Iceberg
Lettuce, Tomato, and Tarragon Mayo on Wheat
Bread

\$8.25

Cajun Turkey

Blackened Turkey Burger, Cucumber
Remoulade, Lettuce, Tomato and Onion, served
on a Brioche Roll

\$9.50

***The Deli Board**

Your Choice of Chicken Salad, Tuna Salad,
Pimento, Honey Ham, Turkey, Choice of Cheese
and Bread with Lettuce, Tomato and Onion.

\$7.00

***Soup and 1/2 Sandwich \$8.00**

****Soup and Salad \$8.50**

**** Small House, Greek or Caesar**

